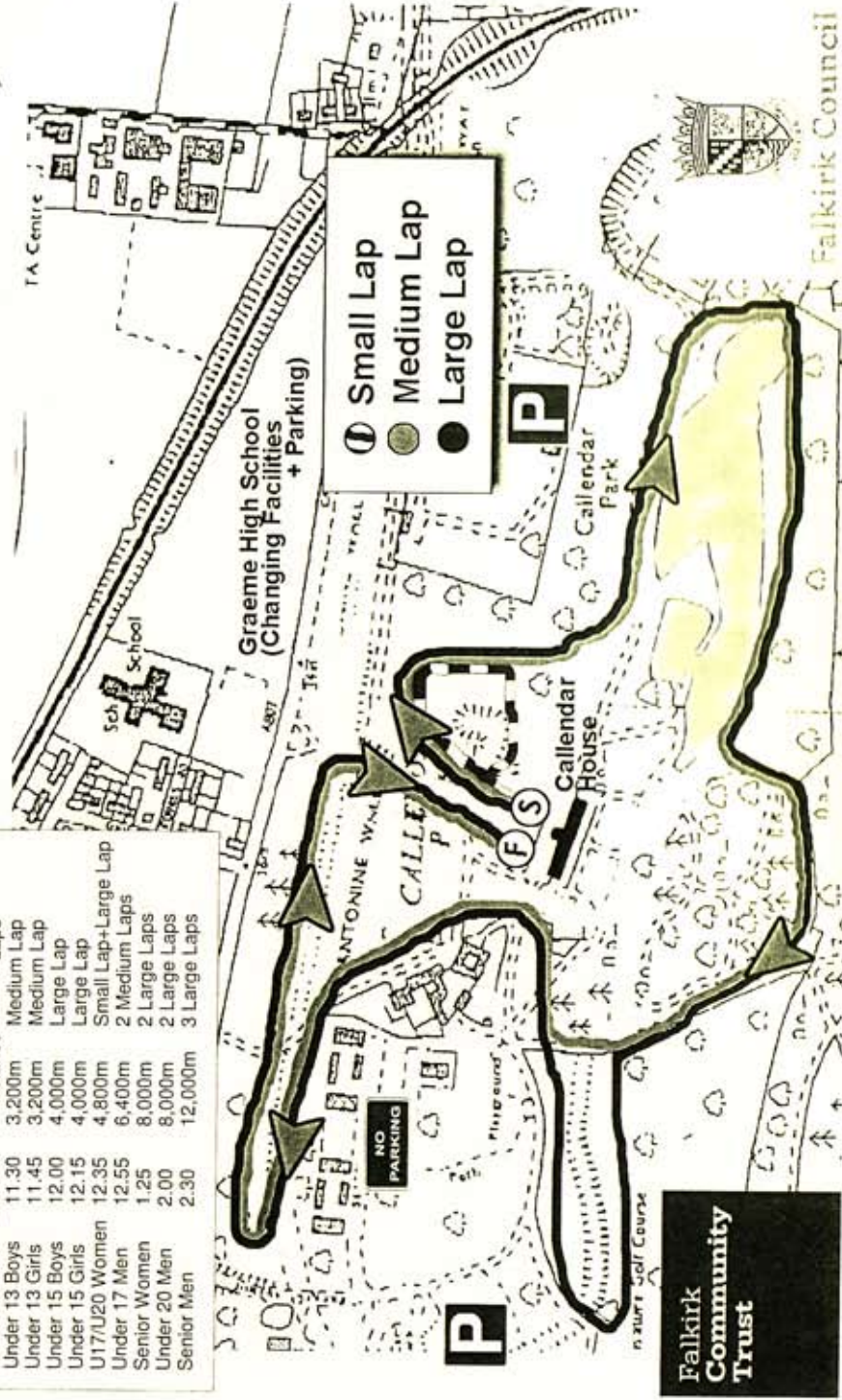


Scottish National Cross Country Championships Falkirk (Callendar Park) Saturday 23rd February 2013



Race	Start	Distance	Laps
Under 13 Boys	11.30	3,200m	Medium Lap
Under 13 Girls	11.45	3,200m	Medium Lap
Under 15 Boys	12.00	4,000m	Large Lap
Under 15 Girls	12.15	4,000m	Large Lap
U17/U20 Women	12.35	4,800m	Small Lap+Large Lap
Under 17 Men	12.55	6,400m	2 Medium Laps
Senior Women	1.25	8,000m	2 Large Laps
Under 20 Men	2.00	8,000m	2 Large Laps
Senior Men	2.30	12,000m	3 Large Laps



NATIONAL CROSS COUNTRY CHAMPIONSHIPS Callendar Park, Falkirk Saturday 23rd February 2013



MESSAGES OF WELCOME

On behalf of scottishathletics I would like to welcome you to Callender Park for the 2013 Scottish National Cross Country Championships. I would like to thank Falkirk Council / Leisure Trust and the members of Falkirk Victoria Harriers for their help and continued support in today's Championship.

Once again the entry figures are the highest since 1997 with a total entry of (1955). This is the 8th year in a row where the entry numbers have increased year on year which is fantastic news.

Also, new for 2013 is the introduction of chip timing, the first time that this will have been used at a stand alone scottishathletics Cross Country Championships.

My thanks also go to the Road Running and Cross Country Commission for organising today's event, scottishathletics staff and the officials and volunteers who have given freely of their time.

Finally, may I wish all athletes competing an enjoyable day and may this be the stepping stone to a successful 2013 and beyond.

Leslie Roy,
President, scottishathletics

The SAL National Cross Country Championships is the pinnacle of the Cross Country season in Scotland. As of every year we are indebted to the many Officials and helpers whose meticulous preparation and planning ensure the success of this event. We are delighted that Falkirk District Council/Falkirk Community Trust continue to host the Championships at Callendar Park, Falkirk – this year for the 8th consecutive time. A particular mention must go to the army of Falkirk Victoria Harriers who turn out in their droves to support the National. This year we have asked Clubs to share a little of this burden in providing marshals.

The popularity of the Falkirk venue is underlined by the highest entry (1955 athletes) for 16 years. One athlete who will not be running is Doug Gunstone (Fife AC) who ran his 44th consecutive Championship last year and is recovering from major heart surgery. We all wish him well and hope to see him at next year's race.

On your behalf I would like to thank Peter Jackson who has provided the computerised results for the National (and many other events) for the last 17 years. Over that period he has developed the sophisticated reporting of the results to a standard that is now expected. Peter has decided to retire from this onerous task and will be much missed.

For the first time the National Championship will use chip timing. Every team manager and athlete is asked to take care of these chips and ensure they are worn by the correct person and returned at the end of the races. Please note that we will be running a no chip –no result policy.

The SAL RR&CC Archive* shows that the first Women's Championship was held on 18th February 1932 and that this will be the 70th Women's Championship. I wonder what the 10 finishers in that race would have made of the 301 entrants in today's Championship. It is also the 50th Championship for U15 Girls and U17 Women.

The Championships also conclude the SAL Cross Country Grand Prix 2012-3. Current men's joint leaders are Alex Hendry (Central AC) and Wegene Tafese (Ronhill Cambuslang H) on 39 points with Elspeth Curran (Kilbarchan AAC – 49 points), Helen Sharpe (Fife AC – 39) points and Jennifer Emsley (Central AC – 38 points) heading the women's lists. With double points at stake in this race – it is all to play for.

I hope you all have a great day's cross-country running.

Ron Morrison
Convener, Road Running and Cross Country Commission

*The SAL RR&CC Commission's Archive can be found at
<http://www.salroadrunningandcrosscountrymedalists.co.uk/index.html>

OFFICIALS National Cross Country Champs - Falkirk 23rd February 2013

Referee	Ron Morrison
Assistant Referee	Dave Cairns
Clerk of Course	Andy Ronald
Course Builders	Dave Lothian, Andy Ronald, Andy Stevenson, David Hart and other members of Falkirk Victoria Harriers
Start/Finish Area	Andy Ronald and members of Falkirk Victoria Harriers
Officials Report	Barry Craighead
Judges	Ian Clifton (Chief), Robert McSweine
Funnel Control	Andy Law (Chief), Bill Grant, Angus Cameron, Henry Muchamore, Jean Youden, Alastair Robertson
Timekeepers	Joe Bruce (Chief) Sheila McDougall, Anna Poulton
Recorders (Places)	Bill MacDougall (Chief) Ian Hislop, Ian Mann, Rachael Halliday, Neil Donachie (Time)
Recorders (Time)	Molly Wilmoth, Elsie Oberg
Starter	Barry Craighead
Marksman	Fred McCluskie
Declarations	Jen Jackson, Phyllis Law, Marion Donachie, Marjory Cook
Results, Overall Trophies	Sheila Smart
Results to School	Bob Cherric
Chip Timing/Results	Interloq
De-Chipping	Margaret Daly (Chief) Allan Smith and members of Linlithgow AAC, Lothian RC, Carnethy, Strathearn H, Moorfoot, Whittemoss, Edin Univ H & H Calderglen H, Glasgow Univ H & H, Carnegie H, Edinburgh AC Kirkintilloch Olympians and Central AC
Announcers	Bryan Burnett, John Wands, Graham Bennison, Micky Breen
Course Stewards	Falkirk Victoria Harriers assisted by members of Ochil Hill R, Springburn H, Ron Hill Cambuslang H, Clydesdale H and Law and District AAC
Doctor	Stephen Boyce
Presentations	Alan Potts, Sandra Hardacre
Jury of Appeal	Alan Potts, Alex Jackson, Graham Sword
Events Manager	Ross Cunningham
Convenor	Alex Jackson

UNDER 13 BOYS RACE STARTS 11.30am 3,200 metres

1	Cameron Callow (MU13)	Aberdeen AAC
2	Flynn Clark (MU13)	Aberdeen AAC
3	Andrew Farmer (MU13)	Aberdeen AAC
4	Harry Kimer (MU13)	Aberdeen AAC
5	Bruce Robertson (MU13)	Aberdeen AAC
6	Steven Sey (MU13)	Aberdeen AAC
7	Cameron Stone (MU13)	Aberdeen AAC
8	Finlay Strachan (MU13)	Aberdeen AAC
9	Nicholas Tierney (MU13)	Aberdeen AAC
10	John Angus (MU13)	Aberdeen AAC
11	Stuart Bridgford (MU13)	Aberdeen AAC
12	Lewis Ross (MU13)	Ayr Seaforth AAC
13	Ewan McLevy (MU13)	Ayr Seaforth AAC
14	Steven Martin (MU13)	Ayr Seaforth AAC
15	Daniel Martin (MU13)	Ayr Seaforth AAC
16	Ross Nicolson (MU13)	Ayr Seaforth AAC
17	James Kerr (MU13)	Ayr Seaforth AAC
18	James Brotherton	Ayr Seaforth AAC
19	Craig Palmer (MU13)	Central AC
20	Thomas Hanson (MU13)	Central AC
21	Conor Ryan (MU13)	Central AC
22	Elliot Harris (MU13)	Central AC
23	Alexander Hall (MU13)	Central AC
24	Morgan Brown (MU13)	Central AC
25	Lewis Priest (MU13)	Clydesdale Harriers
26	Ronan Ross (MU13)	Clydesdale Harriers
27	Stephen Kane (MU13)	Clydesdale Harriers
28	Harry Northcutt (MU13)	Clydesdale Harriers
29	Jack McGee (MU13)	Clydesdale Harriers
30	Calum Calkin (MU13)	Clydesdale Harriers
31	Calum Campbell (MU13)	Corntonphone AAC
32	Steven Addison (MU13)	Corntonphone AAC
33	Finlay Ross (MU13)	Corntonphone AAC
34	Harriet South (MU13)	Cumbernauld AAC
35	Matthew Kavan (MU13)	East Kilbride AC
36	James McIlroy (MU13)	East Kilbride AC
37	Engelbert Gillies (MU13)	East Kilbride AC
38	Michael Swinton (MU13)	Edinburgh AC
39	Ross Allan (MU13)	Edinburgh AC
40	Alan Bates (MU13)	Edinburgh AC
41	James Boyd (MU13)	Edinburgh AC
42	Lewis Reid (MU13)	Edinburgh AC
43	Freddie Carras (MU13)	Edinburgh AC
44	Steven Stone (MU13)	Falkirk Victoria Harriers
45	Fraser Moran (MU13)	Falkirk Victoria Harriers
46	Stuart Atkin (MU13)	Fife AC
47	Matthew Miller (MU13)	Fife AC
48	Craig Morris (MU13)	Fife AC
49	George Rees (MU13)	Fife AC
50	Adam Scott (MU13)	Fife AC
51	ANDREW HOGG (MU13)	Gala Harriers
52	James Logan (MU13)	Gala Harriers
53	Mark Purvis (MU13)	Gala Harriers
54	Tyler Granger (MU13)	Gala Harriers
55	Joey Brown (MU13)	Gala Harriers
56	James Bennett (MU13)	Garscube Harriers
57	Ross Chapman (MU13)	Garscube Harriers
58	Finlay Currie (MU13)	Garscube Harriers
59	Jack Cuthbertson (MU13)	Garscube Harriers
60	Fergus Hampel (MU13)	Garscube Harriers
61	Josh Irvine (MU13)	Garscube Harriers
62	Daniel McGinnis (MU13)	Garscube Harriers
63	Arun Smith (MU13)	Garscube Harriers
64	Cody Stevenson (MU13)	Garscube Harriers
65	Mark Stewart (MU13)	Garscube Harriers
66	Craig Weston (MU13)	Garscube Harriers
67	Michael Lowrie (MU13)	Giffnock North AAC
68	Joseph Lowrie (MU13)	Giffnock North AAC
69	Nicholas Boyle (MU13)	Giffnock North AAC
70	Taylor Stewart (MU13)	Giffnock North AAC
71	Cameron Smith (MU13)	Giffnock North AAC
72	Harry Nemo (MU13)	Giffnock North AAC
73	Josh Bicknell (MU13)	Giffnock North AAC
74	Benjamin Bicknell (MU13)	Giffnock North AAC
75	Scott MacCaffie (MU13)	Giffnock North AAC
76	Ben Shaw (MU13)	Giffnock North AAC
77	Robert Peterson (MU13)	Greenock Glangpark H
78	Euan Stewart (MU13)	Greenock Glangpark H
79	Michael Miller (MU13)	Helensburgh AAC
80	Jack Gumbrell (MU13)	Helensburgh AAC
81	Gregor Chambers (MU13)	Helensburgh AAC
82	Lewis Campbell (MU13)	Helensburgh AAC
83	Euan Mac (MU13)	Helensburgh AAC
84	Bruce Cromar (MU13)	Helensburgh AAC
85	Sam Kavanagh (MU13)	Helensburgh AAC
86	Ryan Gray (MU13)	Inverclyde AC
87	Sammy Hunt (MU13)	Inverclyde AC
88	Cameron Purvis (MU13)	Inverclyde AC
89	Cameron Watson (MU13)	Inverclyde AC
90	Reece Warnock (MU13)	Inverclyde AC
91	Joe Arnaud (MU13)	Inverness Harriers AAC
92	Craig Wilson (MU13)	Inverness Harriers AAC
93	Calum Murray (MU13)	Inverness Harriers AAC
94	Ruslind Fraser (MU13)	Inverness Harriers AAC
95	Finlay Saunders (MU13)	Inverness Harriers AAC
96	Calum Barry (MU13)	Kilbarhan AAC
97	Calum Carswell (MU13)	Kilbarhan AAC
98	Josh Hendry (MU13)	Kilbarhan AAC
99	Fergus Higgins (MU13)	Kilbarhan AAC
100	Marius Houston (MU13)	Kilbarhan AAC
101	Scott Howison (MU13)	Kilbarhan AAC
102	Christopher McCallum (MU13)	Kilbarhan AAC
103	Robbie McKashie (MU13)	Kilbarhan AAC
104	Scott Ritchie (MU13)	Kilbarhan AAC
105	Ross Wilson (MU13)	Kilbarhan AAC
106	James Todd (MU13)	Kilbarhan AAC
107	James Wright (MU13)	Kilbarhan AAC
108	Andrew MacAngus (MU13)	Kilbarhan AAC
109	Euan Boyle (MU13)	Kirkcaldy Road Runners
110	Harry Lamond (MU13)	Kirkintilloch Olympians
111	Daniel Reilly (MU13)	Kirkintilloch Olympians
112	Matthew Craig (MU13)	Kirkintilloch Olympians
113	Luke McGaffrey (MU13)	Kirkintilloch Olympians
114	David Lees (MU13)	Kirkhill YMCA Harriers
115	Magnus Tait (MU13)	Lasswade AAC
116	Joshua Graham (MU13)	Lasswade AAC
117	Thomas Snodgrass (MU13)	Lasswade AAC
118	James Dering (MU13)	Lasswade AAC
119	Craig Gallagher (MU13)	Lasswade AAC
120	Adam MacDonald (MU13)	Lasswade AAC
121	Ross E Mackenzie (MU13)	Lasswade AAC
122	Euan McAlister (MU13)	Lasswade AAC
123	Euan McKay (MU13)	Lasswade AAC
124	Adam Kelly (MU13)	Law & District AAC
125	James Gilson (MU13)	Law & District AAC
126	Danny Robison (MU13)	Law & District AAC
127	Jason Gregory (MU13)	Livingston & District AAC
128	Euan Wood (MU13)	Moorfoot Runners
129	David Wallace (MU13)	Motherwell AC
130	Ruan McKellar (MU13)	Motherwell AC
131	Ruben Panton (MU13)	Motherwell AC
132	Harrosh Gellatly (MU13)	North Strathclyde Harriers
133	James Adams (MU13)	Pithead AAC
134	Dylan Thomson (MU13)	Pithead AAC
135	Alex Johnston (MU13)	Pithead AAC
136	Ryan Thompson (MU13)	Pithead AAC
137	Ewan Gillanders (MU13)	Pithead AAC
138	Josh Spence (MU13)	Pithead AAC
139	Struan Ross (MU13)	Pithead AAC
140	Struan Paton (MU13)	Ron Hill Cambuslang H
141	Conor Ross (MU13)	Ron Hill Cambuslang H
142	Samson Carr (MU13)	Ron Hill Cambuslang H
143	James Alexander (MU13)	Ron Hill Cambuslang H
144	Luke Reilly (MU13)	Ron Hill Cambuslang H
145	Ryan Stephen (MU13)	Ron Hill Cambuslang H
146	Drew Pollock (MU13)	Ron Hill Cambuslang H
147	Leodhans MacPherson (MU13)	Ron Hill Cambuslang H
148	James Blackhall (MU13)	Shettleston Harriers
149	James Burns (MU13)	Shettleston Harriers
150	Adrian Gallagher (MU13)	Shettleston Harriers
151	Lewis Ralburn (MU13)	Shettleston Harriers
152	Jordan Dulan (MU13)	Shettleston Harriers
153	Kyle Murray (MU13)	Stornoway Running & AC
154	Bery Mighon (MU13)	Stornoway Running & AC
155	Ken McLean (MU13)	Strathclyde Harriers
156	Fraser Lindsay (MU13)	Strathclyde Harriers
157	Andrew MacInnes (MU13)	Strathclyde Harriers
158	Lewis Forsyth (MU13)	Strathclyde Harriers
159	Levi Sweeney (MU13)	Strathclyde Harriers
160	James Waugh (MU13)	Tevisdale Harriers
161	David Mercer (MU13)	Tevisdale Harriers
162	Michael Hewitt (MU13)	Unattached
163	James Caves (MU13)	Unattached
164	Adrian Johnson (MU13)	VP Glasgow AC
165	Andrew Moreland (MU13)	VP Glasgow AC
166	Adam Brady (MU13)	VP Glasgow AC
167	Thomas Connolly (MU13)	VP Glasgow AC
168	Charlie Milne (MU13)	VP Glasgow AC
169	Fraser McDonald (MU13)	VP Glasgow AC
170	Tom Keeley (MU13)	VP Glasgow AC
171	Finn Johnson (MU13)	VP Glasgow AC
172	Calum Brown (MU13)	VP Glasgow AC
173	Ben Grant (MU13)	Pithead AAC

UNDER 15 GIRLS RACE STARTS 12.15pm 4,000 metres

1	Lucy McLeod (FU15)	Aberdeen AAC
2	Lise Theron (FU15)	Aberdeen AAC
3	Maura Frances Rodgers (FU15)	Airdrie Harriers
4	Bethany MacRae (FU15)	Ayr Seaforth AAC
5	Kirstin Oakley (FU15)	Ayr Seaforth AAC
6	Lisa Rennie (FU15)	Ayr Seaforth AAC
7	Jacqueline Gibson (FU15)	Ayr Seaforth AAC
8	Rebecca Martin (FU15)	Ayr Seaforth AAC
9	Hannah Pettigrew (FU15)	Ayr Seaforth AAC
10	Rebecca Watson (FU15)	Ayr Seaforth AAC
11	Eve Sealy (FU15)	Banchory Stonehaven AC
12	Rhiannon Kirk (FU15)	Caithness AAC
13	Eilidh Russell (FU15)	Central AC
14	Jodie Currie (FU15)	Central AC
15	Emily Paxton (FU15)	Clydesdale Harriers
16	Charlotte Ross (FU15)	Clydesdale Harriers
17	Hannah Addison (FU15)	Corstorphine AAC
18	Katie Anderson (FU15)	Dundee Hawkhill H
19	Megan Barrie (FU15)	East Kilbride A.C.
20	Mhairi Boyle (FU15)	East Kilbride A.C.
21	Lucy Fairlie (FU15)	East Kilbride A.C.
22	Georgina Massie (FU15)	East Kilbride A.C.
23	Bethan McGregor (FU15)	Edinburgh AC
24	Rachel Watson (FU15)	Edinburgh AC
25	Zoe Bates (FU15)	Edinburgh AC
26	Morven Ferguson (FU15)	Edinburgh AC
27	Amy Armstrong (FU15)	Edinburgh AC
28	Hilary Lewin (FU15)	Edinburgh AC
29	Franca Still (FU15)	Edinburgh AC
30	Esme Stewart (FU15)	Edinburgh AC
31	Anna Gilchrist (FU15)	Edinburgh AC
32	Julia Smith (FU15)	Edinburgh AC
33	Charlotte Wright (FU15)	Edinburgh AC
34	Anna Fleming (FU15)	Edinburgh AC
35	Kelly Bissett (FU15)	Falkirk Victoria Harriers
36	Leia Glading (FU15)	Falkirk Victoria Harriers
37	Erin Pringle (FU15)	Falkirk Victoria Harriers
38	Katy Aitken (FU15)	Fife AC
39	Ana Brocklebank (FU15)	Fife AC
40	Ailsa Cruickshanks (FU15)	Fife AC
41	Lucy Massie (FU15)	Forres Harriers
42	Jo Arres (FU15)	Gala Harriers
43	Catrina Booth (FU15)	Garscube Harriers
44	Rachel Busby (FU15)	Garscube Harriers
45	Eilidh Chapman (FU15)	Garscube Harriers
46	Iona Fraser (FU15)	Garscube Harriers
47	Eilidh Gordon (FU15)	Garscube Harriers
48	Nicola Sharpe (FU15)	Garscube Harriers
49	Ruby Bell (FU15)	Garscube Harriers
50	Hayley Sorbie (FU15)	Garscube Harriers
51	Holly Still (FU15)	Giffnock North AAC
52	Rebecca Metcalfe (FU15)	Giffnock North AAC
53	Sarah Olivia Emsom (FU15)	Giffnock North AAC
54	Rebecca Saxby (FU15)	Giffnock North AAC
55	Holly McLelland (FU15)	Giffnock North AAC
56	Eilidh Cook (FU15)	Giffnock North AAC
57	Megan A Ammer (FU15)	Giffnock North AAC
58	Fiona McArthur (FU15)	Giffnock North AAC
59	Rebecca Conroy (FU15)	Giffnock North AAC
60	Nicole Ewing (FU15)	Giffnock North AAC
61	Anna Barrie (FU15)	Greenock Glenpark H
62	Laura Hamill (FU15)	Greenock Glenpark H
63	Danielle Hunter (FU15)	Greenock Glenpark H
64	Lauren Mulgaiton (FU15)	Greenock Glenpark H

65	Melissa Robinson (FU15)	Helensburgh AAC
66	Morag Paterson (FU15)	Helensburgh AAC
67	Carlin McAllister (FU15)	Helensburgh AAC
68	Megan Robertson (FU15)	Helensburgh AAC
69	Emma Mitchell (FU15)	Inverclyde AC
70	Jamie Leigh Cummings (FU15)	Inverclyde AC
71	Lauren Fraser (FU15)	Inverness Harriers AAC
72	Olivia Gemmell (FU15)	Kilbarchan AAC
73	Emma Fulton (FU15)	Kilbarchan AAC
74	Laura Stark (FU15)	Kilbarchan AAC
75	Catrina Allan (FU15)	Kilbarchan AAC
76	Kerry MacAngus (FU15)	Kilbarchan AAC
77	Rebecca Louise Craig (FU15)	Kilbarchan AAC
78	Ailsa Higgins (FU15)	Kilbarchan AAC
79	Natalie Moran (FU15)	Kilbarchan AAC
80	Eilidh Fraser (FU15)	Kilbarchan AAC
81	Emma Kelly (FU15)	Kilbarchan AAC
82	Jemima Reekie (FU15)	Kilbarchan AAC
83	Katie Turnbull (FU15)	Kilbarchan AAC
84	Lauren Park (FU15)	Kilmarnock H&AC
85	Shona McBean (FU15)	Kilmarnock H&AC
86	Claire Orr (FU15)	Kilmarnock H&AC
87	Olivia Cochrane (FU15)	Kilmarnock H&AC
88	Jenny Lee (FU15)	Kirkintilloch Olympians
89	Perri McCluskey (FU15)	Kirkintilloch Olympians
90	Victoria Robertson (FU15)	Kirkintilloch Olympians
91	Anna Forbes (FU15)	Kirkintilloch Olympians
92	Alicia Paton (FU15)	Kirkintilloch Olympians
93	Louise Campbell (FU15)	Kirkintilloch Olympians
94	Bethany Nelson (FU15)	Lothian Running Club
95	Niamh Shaw (FU15)	Moorfoot Runners
96	Emma Knox (FU15)	Motherwell AC
97	Kirsty Irwin (FU15)	Motherwell AC
98	Emma Hunter (FU15)	Motherwell AC
99	Hannah Blackburn (FU15)	Nairn Area AAC
100	Mary McIntosh (FU15)	Nairn Area AAC
101	Megan Roberts (FU15)	Perth Strathgry Harriers
102	Leah Davie (FU15)	Pitreevie AAC
103	Emily Main (FU15)	Pitreevie AAC
104	Danielle Webster (FU15)	Ron Hill Cambuslang H
105	Rachel Black (FU15)	Ron Hill Cambuslang H
106	Lauren Carey (FU15)	Ron Hill Cambuslang H
107	Niamh Brown (FU15)	Ron Hill Cambuslang H
108	Celine Quigg (FU15)	Ron Hill Cambuslang H
109	Gillian Gibson (FU15)	Ron Hill Cambuslang H
110	Adelina Callan (FU15)	Shettleston Harriers
111	Georgia MacDonald (FU15)	Shettleston Harriers
112	Amy Harkins (FU15)	Shettleston Harriers
113	Eilidh Thomson (FU15)	Stewartry AC
114	Alice Bell (FU15)	Stewartry AC
115	Jane MacInnes (FU15)	Stornoway Running & AC
116	Peigi McKellar (FU15)	Stornoway Running & AC
117	Freya Macleod (FU15)	Stornoway Running & AC
118	Gillian Black (FU15)	VP-Glasgow AC
119	Robyn Connolly (FU15)	VP-Glasgow AC
120	Emma Ferrie (FU15)	VP-Glasgow AC
121	Tessa Mickey (FU15)	VP-Glasgow AC
122	Cara Thom (FU15)	VP-Glasgow AC
123	Kenna Francis (FU15)	VP-Glasgow AC
124	Nicole C Waters (FU15)	VP-Glasgow AC
125	Toni Allan (FU15)	VP-Glasgow AC
126	Kirsty MacDonald (FU15)	VP-Glasgow AC
127	Mamie Ure (FU15)	VP-Glasgow AC
128	Heather Addison (FU15)	Whitemoss AAC

UNDER 17 WOMEN RACE STARTS 12.35pm 4,800 metres

201	Eilidh Price (FU17)	Aberdeen AAC
202	Ellen Stickle (FU17)	Aberdeen AAC
203	Becky Cheyne (FU17)	Aberdeen AAC
204	Aylsh Paisley (FU17)	Annan & District AC
205	Louisa Kelly (FU17)	Ayr Seaforth AAC
206	Rachael King (FU17)	Ayr Seaforth AAC
207	Rhona McMillan (FU17)	Banchory Stonehaven AC
208	Amy McCabe (FU17)	Central AC
209	Eilidh MacCorquodale (FU17)	Central AC
210	Kathryn Gillespie (FU17)	Central AC
211	Roisin Bonucchi (FU17)	Central AC
212	Jessica McIntick (FU17)	Corstorphine AAC
213	Alexandra Hunter (FU17)	Edinburgh AC
214	Hannah Cameron (FU17)	Edinburgh AC
215	Alison Broadhurst (FU17)	Edinburgh AC
216	Martha C Wightman (FU17)	Edinburgh AC
217	Sara Findlay (FU17)	Edinburgh AC
218	Erin Cant (FU17)	Edinburgh AC
219	Erin Boddie (FU17)	Edinburgh AC
220	Rosanna Stewart (FU17)	Edinburgh AC
221	Billie Armstrong (FU17)	Edinburgh AC
222	Natalie McLeod (FU17)	Falkirk Victoria Harriers
223	Katherine Mitchell (FU17)	Falkirk Victoria Harriers
224	Julie Nimmo (FU17)	Falkirk Victoria Harriers
225	Kerry Sandilands (FU17)	Gala Harriers
226	Louise Mercer (FU17)	Gala Harriers
227	Becky Couch (FU17)	Gala Harriers
228	Karen Maxwell (FU17)	Gala Harriers
229	Amy Brysdale (FU17)	Garscube Harriers
230	Catrina Graves (FU17)	Garscube Harriers
231	Georgia Callander (FU17)	Garscube Harriers
232	Chloe Cowan (FU17)	Giffnock North AAC
233	Paige McConville (FU17)	Giffnock North AAC
234	Laura Penrice (FU17)	Giffnock North AAC
235	Nicole Scott (FU17)	Giffnock North AAC

236	Stacie Taylor (FU17)	Glasgow School of Sport
237	Elizabeth Edgar (FU17)	Glasgow School of Sport
238	Jill Kelly (FU17)	Inverclyde AC
239	Dayna MacDonald (FU17)	Inverclyde AC
240	Chloe Simpson (FU17)	Inverclyde AC
241	Kelly Williams (FU17)	Inverclyde AC
242	Heather Campbell (FU17)	Inverness Harriers AAC
243	Arianne Ross (FU17)	Inverness Harriers AAC
244	Carey Ross (FU17)	Inverness Harriers AAC
245	Sarah Dempsey (FU17)	Kilbarchan AAC
246	Gwen Gillham (FU17)	Kilbarchan AAC
247	Bronagh Wishart (FU17)	Kilmarnock H&AC
248	Annabel Simpson (FU17)	Kinross Road Runners
249	Mairi Mulhern (FU17)	Kinross Road Runners
250	Amy Frankland (FU17)	Lasswade AAC
251	Sophie Miller (FU17)	Lasswade AAC
252	Heather Stevenson (FU17)	Maryhill Harriers
253	Sophie Collins (FU17)	Moorfoot Runners
254	Rachael MacLennan (FU17)	Nairn Area AAC
255	Shannon Sutherland (FU17)	Nairn Area AAC
256	Iona Tavendale (FU17)	Perth Strathgry Harriers
257	Rebecca Bonomi (FU17)	Ron Hill Cambuslang H
258	Hannah Robertson (FU17)	Ron Hill Cambuslang H
259	Eve MacKinnon (FU17)	Ron Hill Cambuslang H
260	Megan Davies (FU17)	Sale Harriers
261	Myrtle Breckenridge (FU17)	Shettleston Harriers
262	Lauren Craig (FU17)	Stewartry AC
263	Sarah Bell (FU17)	Stewartry AC
264	Megan Heuchan (FU17)	Stewartry AC
265	Catherine Mercer (FU17)	Teviotdale Harriers
266	Florie McLeish (FU17)	Unattached
267	Anya Morrison (FU17)	VP-Glasgow AC
268	Melanie Chiswell (FU17)	VP-Glasgow AC
269	Eliza Chiswell (FU17)	VP-Glasgow AC

UNDER 20 WOMEN RACE STARTS 12.35pm 4,800 metres

1	Ellie Buchan (FU20)	Aberdeen AAC
2	eden brown (FU20)	Aberdeen AAC
3	Katie Sprang (FU20)	Ayr Seaforth AAC
4	Laura Muir (FU20)	Dundee Hawkhill H
5	Emma Fairlie (FU20)	East Kilbride A.C.
6	Rachel Fairlie (FU20)	East Kilbride A.C.
7	Emma Dunnett (FU20)	Edinburgh AC
8	Oonagh Dunnett (FU20)	Edinburgh AC
9	Katie Watson (FU20)	Edinburgh AC
10	Rachael Dunn (FU20)	Edinburgh AC
11	Isabelle Bough (FU20)	Edinburgh AC
12	Stephanie Lawrie (FU20)	Edinburgh Univ H & H
13	Annie Carroll (FU20)	Edinburgh Univ H & H
14	Rhona Auckland (FU20)	Edinburgh Univ H & H
15	Jennifer Cruickshanks (FU20)	Fife AC
16	Kerry Gibson (FU20)	Fife AC
17	Laura Gibson (FU20)	Fife AC
18	Hallina Rees (FU20)	Fife AC
19	Frances Brown (FU20)	Garscube Harriers
20	Katrina Durie (FU20)	Glasgow University H & H
21	Lisa Christy (FU20)	Glasgow University H & H
22	Christie Ford (FU20)	Glasgow University H & H

23	Mhairi MacLennan (FU20)	Inverness Harriers AAC
24	Elaine Eadie (FU20)	Kilbarchan AAC
25	Bethany Ross (FU20)	Kilmarnock H&AC
26	Amanda Humes (FU20)	Kilmarnock H&AC
27	Lana Turnbull (FU20)	Lothian Running Club
28	Iona Whyte (FU20)	Maryhill Harriers
29	Scout Adkin (FU20)	Moorfoot Runners
30	Micaela Brown (FU20)	Pitreevie AAC
31	Lisa Macpaine (FU20)	Pitreevie AAC
32	Kathryn Pennel (FU20)	Pitreevie AAC
33	Alexandra Lamond (FU20)	Ron Hill Cambuslang H
34	Mairi Brown (FU20)	Ron Hill Cambuslang H
35	Sarah Millar (FU20)	Ron Hill Cambuslang H
36	Katie Bristow (FU20)	Ron Hill Cambuslang H
37	Stella Winters (FU20)	Shettleston Harriers
38	Isabelle Morledge (FU20)	St Andrews Univ CCC
39	Kate Taylor (FU20)	St Andrews Univ CCC
40	Kay White (FU20)	St Andrews Univ CCC
41	Abigail Bender (FU20)	St Andrews Univ CCC
42	Katy Brown (FU20)	Stewartry AC
43	Sarah Potter (FU20)	VP-Glasgow AC
44	Danielle Beattie (FU20)	VP-Glasgow AC

UNDER 17 MEN RACE STARTS 12.55pm 6,400 metres

1	Jordan Chapman (MU17)	Aberdeen AAC
2	Callum Symmons (MU17)	Aberdeen AAC
3	Jamie Dickson (MU17)	Aberdeen AAC
4	Jasper Grasham (MU17)	Aberdeen AAC
5	Oliver Hay (MU17)	Aberdeen AAC
6	Matthew Kilner (MU17)	Aberdeen AAC
7	Tom Merry (MU17)	Aberdeen AAC
8	Tom Murison (MU17)	Aberdeen AAC
9	Steven Murray (MU17)	Aberdeen AAC
10	Daniel Rees (MU17)	Banchory Stonehaven AC
11	Stuart McKinney (MU17)	Central AC
12	Aidan Cameron (MU17)	Central AC
13	Daniel Stansfield	Central AC
14	Matthew Galloway (MU17)	Corstorphine AAC
15	Matthew Leslie (MU17)	Corstorphine AAC
16	Matthew Young (MU17)	Corstorphine AAC
17	Alexander Chepelin (MU17)	Cosmic Hillbushers AAC
18	Euan Rose (MU17)	Dundee Hawkhill H
19	Rory Muir (MU17)	Dundee Hawkhill H
20	Vincent Hastings (MU17)	East Kilbride A.C.
21	Jack Kirwan (MU17)	East Kilbride A.C.
22	Robert Bough (MU17)	Edinburgh AC
23	Michael Cameron (MU17)	Edinburgh AC
24	Cameron Gilmour (MU17)	Edinburgh AC
25	Dominic O'Hare (MU17)	Edinburgh AC
26	Mark MacDermot (MU17)	Edinburgh AC
27	Fionn MacDonald (MU17)	Edinburgh AC
28	Christopher Duffy	Falkirk Victoria Harriers
29	Fergus Ingledew (MU17)	Fife AC
30	Ronan McKinnis (MU17)	Fife AC
31	Logan Rees (MU17)	Fife AC
32	Rowan Marr (MU17)	Gala Harriers
33	Cameron Burnett (MU17)	Gala Harriers
34	Fraser Wandhaugh (MU17)	Gala Harriers
35	Paul Henney (MU17)	Gala Harriers
36	James Mercer (MU17)	Gala Harriers
37	Broc Drury (MU17)	Gala Harriers
38	Matin Gibb	Garscube Harriers
39	Max Lancaster (MU17)	Giffnock North AAC
40	Patrick Loneragan (MU17)	Giffnock North AAC
41	Euan Anderson (MU17)	Giffnock North AAC
42	Josh Hyde (MU17)	Giffnock North AAC
43	Stephen Fleming	Giffnock North AAC
44	Gabriel Battcock (MU17)	Giffnock North AAC
45	Liam Dale (MU17)	Glasgow School of Sport
46	Luthais Arthur (MU17)	Greenock Glenpark H
47	Gerard Smith (MU17)	Greenock Glenpark H
48	Fin Ritchie (MU17)	Helensburgh AAC
49	Jonathan Glen (MU17)	Inverclyde AC
50	Joshua Houston (MU17)	Inverclyde AC
51	Callum Hunter (MU17)	Inverclyde AC
52	Robert Todd (MU17)	Inverclyde AC
53	Sean Chalmers (MU17)	Inverness Harriers AAC
54	Finlay MacLennan (MU17)	Inverness Harriers AAC
55	Jaeger Lamont (MU17)	Inverness Harriers AAC
56	Ross Tennant (MU17)	Ipswich Harriers

57	Euan Gilham (MU17)	Kilbarchan AAC
58	Charlie Wighton (MU17)	Kilbarchan AAC
59	Gavin McArdle (MU17)	Kilbarchan AAC
60	Tom Murray (MU17)	Kilbarchan AAC
61	Cameron Swanson (MU17)	Kilbarchan AAC
62	Callum Matthews (MU17)	Kilbarchan AAC
63	Dean Kennedy (MU17)	Kilbarchan AAC
64	Kieran Pugh (MU17)	Kirkintilloch Olympians
65	Aidan Kane (MU17)	Kirkintilloch Olympians
66	Logan Sirel (MU17)	Kirkintilloch Olympians
67	Iain Lawson (MU17)	Lasswade AAC
68	Callum Clark (MU17)	Lasswade AAC
69	Ross Henderson (MU17)	Lasswade AAC
70	Jamie Cousin (MU17)	Lasswade AAC
71	Andrew Lawler (MU17)	Law & District AAC
72	Luke Foss (MU17)	Law & District AAC
73	Stuart McLuckie (MU17)	Law & District AAC
74	Jonathan Kennedy (MU17)	Law & District AAC
75	Jake Thomas (MU17)	Livingston & District AAC
76	Andrew Mitchell (MU17)	Livingston & District AAC
77	Calum McLean (MU17)	Livingston & District AAC
78	Andrew Stevenson (MU17)	Maryhill Harriers
79	John McLean (MU17)	Moorfoot Runners
80	Jacob Adkin (MU17)	Moorfoot Runners
81	Jack Stanners (MU17)	Moorfoot Runners
82	Lucas Cheskin (MU17)	Moorfoot Runners
83	Luca Marcuccilli (MU17)	Motherwell AC
84	Stuart Wallace (MU17)	Motherwell AC
85	Kieran Saunders (MU17)	Nithdale AC
86	Robert Henson (MU17)	Perth Straththay Harriers
87	Michael Gillespie (MU17)	Perth Straththay Harriers
88	Kier Miller (MU17)	Perth Straththay Harriers
89	Ben Potrykus (MU17)	Pitreevie AAC
90	Aidan Thompson (MU17)	Pitreevie AAC
91	Jack Lawrie (MU17)	Pitreevie AAC
92	Evan Ross (MU17)	Pitreevie AAC
93	Ryan Thomson (MU17)	Ron Hill Cambuslang H
94	Joseph Sheridan (MU17)	Ron Hill Cambuslang H
95	Conor Ewing (MU17)	Ron Hill Cambuslang H
96	Ross Stephen (MU17)	Ron Hill Cambuslang H
97	Joe Brown (MU17)	Ron Hill Cambuslang H
98	David Robertson (MU17)	Ron Hill Cambuslang H
99	Brendan Carey (MU17)	Ron Hill Cambuslang H
100	Ryan Miller (MU17)	Ron Hill Cambuslang H
101	Jack MacGregor (MU17)	Ron Hill Cambuslang H
102	Sam Shilliday (MU17)	Ron Hill Cambuslang H
103	Keith McIntyre (MU17)	Ron Hill Cambuslang H
104	Callum Drummond (MU17)	Shettleston Harriers
105	Lugilil Kahilu (MU17)	Shettleston Harriers
106	Mohamoud Jama (MU17)	Shettleston Harriers
107	Lewis Boyle (MU17)	VP-Glasgow AC
108	Craig Jardine (MU17)	VP-Glasgow AC
109	Liam McLoone (MU17)	VP-Glasgow AC
110	Fraser Glass (MU17)	VP-Glasgow AC
111	Kieron Rafferty (MU17)	VP-Glasgow AC
112	Liam Johnson (MU17)	VP-Glasgow AC

SENIOR WOMEN RACE START 1.25pm 8,000 metres

1	Gemma Cormack (F Sen)	Aberdeen AAC
2	Rhona Bushan (F45)	Aberdeen AAC
3	Sonia Armitage (F50)	Aberdeen AAC
4	Pamela Cruickshanks (F45)	Anster Haddies RC
5	Christine Bowie (F45)	Anster Haddies RC
6	Vicki Hopewell (F Sen)	Bellahouston Harriers
7	Clare Macaulay (F35)	Bellahouston Harriers
8	Katherine Hylands (F Sen)	Bellahouston Harriers
9	Erica Christie (F55)	Bellahouston Harriers
10	Louise Mitchell (F Sen)	Bellahouston Harriers
11	Claire McCracken (F35)	Bellahouston Harriers
12	Julia Harris (F45)	Bellahouston Harriers
13	Kristina Greig (F Sen)	Bellahouston Harriers
14	Claire McAteer (F35)	Bellahouston Harriers
15	Angela Campbell (F Sen)	Bellahouston Harriers
16	Angela Carson (F45)	Bellahouston Harriers
17	Bernadette O'Neil (F45)	Bellahouston Harriers
18	Suzanne Boyle (F Sen)	Bellahouston Harriers
19	Olivia Gill (F35)	Bellahouston Harriers
20	Emma Bryce (F Sen)	Bellahouston Harriers
21	Romy Beard (F Sen)	Bellahouston Road R
22	Tammy Ward (F Sen)	Bellahouston Road R
23	Louise Ross (F35)	Bellahouston Road R
24	Judith Macgregor (F35)	Bellahouston Road R
25	Rose McRobert (F35)	Bellahouston Road R
26	Matty Sutton (F Sen)	Bellahouston Road R
27	Sarah Gillies (F Sen)	Bellahouston Road R
28	Sabina McDonald (F Sen)	Bellahouston Road R
29	Maree Shepherd (F Sen)	Bellahouston Road R
30	Olivia Downham (F Sen)	Bellahouston Road R
31	Cara Baxter (F Sen)	Bellahouston Road R
32	Joanne McVey (F Sen)	Calderglen Harriers
33	Julie Beveridge (F40)	Calderglen Harriers
34	Karen Allen (F Sen)	Calderglen Harriers
35	Frances Maxwell (F45)	Calderglen Harriers
36	Melanie Sinclair (F40)	Carnegie Harriers
37	Gail Murdoch (F45)	Carnegie Harriers
38	Isobel Burnett (F55)	Carnegie Harriers
39	Morna Fleming (F55)	Carnegie Harriers
40	Fabienne Thompson (F45)	Carnegie Harriers
41	Gillian McCracken (F45)	Carnegie Harriers
42	Kirsty Baird (F40)	Carnegie Harriers
43	Laura Donaldson (F Sen)	Carnegie Harriers
44	Alison Whyte (F40)	Carnegie Harriers
45	Meghan Lafferty (F Sen)	Carnegie Harriers
46	Angela Mudge (F40)	Carnethy Hill Racing Club
47	Jill Mykura (F35)	Carnethy Hill Racing Club
48	Jacqui Hoggbottom (F45)	Carnethy Hill Racing Club
49	Helen Bonser (F Sen)	Carnethy Hill Racing Club
50	Claire Houston (F Sen)	Central AC
51	Hazel Dean (F50)	Central AC
52	Jennifer Emsley (F Sen)	Central AC
53	Lyndsay Morrison (F Sen)	Central AC
54	Shona Aiken (F40)	Central AC
55	Morag MacLarty (F Sen)	Central AC
56	Catriona Buchanan (F Sen)	Central AC
57	Kate Weldon (F40)	Central AC
58	Patricia Milne (F50)	Central AC
59	Fiona Thompson (F Sen)	Central AC
60	Marina McCallum (F40)	Clydesdale Harriers
61	Pamela McCrossan (F50)	Clydesdale Harriers
62	Fiona McCut (F40)	Clydesdale Harriers
63	Yvonne Green (F50)	Clydesdale Harriers
64	Christine Duncanson (F50)	Clydesdale Harriers
65	Ann Murray (F45)	Clydesdale Harriers
66	Megan Smith (F Sen)	Corstorphine AAC
67	Rachel Brockie (F Sen)	Corstorphine AAC
68	Julie Malko (F Sen)	Corstorphine AAC
69	Ruth Gibson (F Sen)	Corstorphine AAC
70	Stephanie Addison (F40)	Corstorphine AAC
71	Janet Grigor (F Sen)	Corstorphine AAC
72	Susan Johnston (F45)	Corstorphine AAC
73	Fiona Drake (F Sen)	Corstorphine AAC
74	Gillian Carr (F35)	Corstorphine AAC
75	Lynsey McNicol (F Sen)	Dumbarton AAC

76	Charlene Kelly (F Sen)	Dumbarton AAC
77	Nikki Lyons (F Sen)	Dumbarton AAC
78	Melissa Wylie (F45)	Dumbarton AAC
79	Joanne Pitt (F Sen)	Dumbarton AAC
80	Lindsay Currie (F40)	Dumbarton AAC
81	Rhona Anderson (F45)	Dunbar Running Club
82	Mary Wood (F Sen)	Dunbar Running Club
83	Anne Hay (F50)	Dunbar Running Club
84	Louise Beveridge (F Sen)	Dundee Hawkhill H
85	Morag Taggart (F50)	Dundee Road Runners
86	Kelly Bailie (F Sen)	East Kilbride A.C.
87	Victoria Bailie (F35)	Edinburgh AC
88	Sarah Hood (F Sen)	Edinburgh AC
89	Gillian Palmer (F Sen)	Edinburgh AC
90	Lauren Stoddart (F Sen)	Edinburgh AC
91	Vicky Frew (F Sen)	Edinburgh AC
92	Janet Dunbar (F40)	Edinburgh AC
93	Sharyn Ramage (F50)	Edinburgh AC
94	Catherine Ferry (F40)	Edinburgh AC
95	Karen Dobbie (F45)	Edinburgh AC
96	Jennifer MacLean (F35)	Edinburgh AC
97	Susan Ridley (F45)	Edinburgh AC
98	Fiona Davies (F40)	Edinburgh AC
99	Emma Laverie (F Sen)	Edinburgh AC
100	Natasha Muir (F Sen)	Edinburgh AC
101	Suzanne McMahon (F40)	Edinburgh AC
102	Nathalie Christie (F35)	Edinburgh AC
103	Jenny Dybeck (F Sen)	Edinburgh Univ H & H
104	Heather Langham (F Sen)	Edinburgh Univ H & H
105	Emma Baxter (F Sen)	Edinburgh Univ H & H
106	Georgia Tindley (F Sen)	Edinburgh Univ H & H
107	Fiona Matheson (F50)	Falkirk Victoria Harriers
108	Nicola Flynn (F40)	Falkirk Victoria Harriers
109	Fiona Bracegirdle (F Sen)	Fife AC
110	Innes Bracey (F55)	Fife AC
111	Megan Crawford (F Sen)	Fife AC
112	Alison McGill (F Sen)	Fife AC
113	Amie McKimmie (F Sen)	Fife AC
114	Miriam Renner (F50)	Fife AC
115	Helen Sharpe (F Sen)	Fife AC
116	Morgan Windram-Geddes (F Sen)	Fife AC
117	Tracy Morgan (F Sen)	Forfar Road Runners
118	Maria Davis (F Sen)	Forres Harriers
119	Fiona Dalgleish (F40)	Gala Harriers
120	Gillian Duncan (F40)	Gala Harriers
121	Rachel Fagan (F35)	Gala Harriers
122	Dianne Lauder (F35)	Gala Harriers
123	Eileen Nicol (F45)	Gala Harriers
124	Fiona Shepherd (F40)	Gala Harriers
125	Dawn Grant (F40)	Gala Harriers
126	Anne Weir (F40)	Gala Harriers
127	Anya Campbell (F40)	Gala Harriers
128	Marian Kelly (F Sen)	Garscube Harriers
129	Laura Devine (F Sen)	Garscube Harriers
130	Gail Beaton (F40)	Garscube Harriers
131	Lesley Chisholm (F35)	Garscube Harriers
132	Diane Clark (F Sen)	Garscube Harriers
133	Natalia Mulrine (F Sen)	Garscube Harriers
134	Doreen Galbraith (F50)	Giffnock North AAC
135	Mary McCutcheon (F45)	Giffnock North AAC
136	Anne Lee (F45)	Giffnock North AAC
137	Shelia Lewis (F45)	Giffnock North AAC
138	Eilene Mulcahy (F35)	Giffnock North AAC
139	Ruth Joss (F Sen)	Giffnock North AAC
140	Yvonne Hamilton (F Sen)	Giffnock North AAC
141	Nicola McElraith (F Sen)	Giffnock North AAC
142	Maureen McVey (F50)	Giffnock North AAC
143	Jacqueline Cowan (F45)	Giffnock North AAC
144	Jo Schreiber (F45)	Girvan AAC
145	Deborah May (F Sen)	Glasgow University H & H
146	Jacqueline Kandsberger (F Sen)	Glasgow University H & H
147	Courtney Gurn (F Sen)	Glasgow University H & H
148	Kristin Paulsen (F Sen)	Glasgow University H & H
149	Kirstin Arthur (F35)	Greenock Glenpark H
150	Donna Clark (F Sen)	Greenock Glenpark H

151	Lorna Coyle (F50)	Greenock Glenpark H
152	Suzanne Coyle (F Sen)	Greenock Glenpark H
153	Fiona Cuthbertson (F45)	Greenock Glenpark H
154	Gillian Forrest (F40)	Greenock Glenpark H
155	Silke Loehndorf (F45)	Greenock Glenpark H
156	Jane Maclean (F Sen)	Greenock Glenpark H
157	Elizabeth McAulian (F45)	Greenock Glenpark H
158	Jacqueline O'Donoghue (F Sen)	Greenock Glenpark H
159	Viki Wilkinson (F40)	Greenock Glenpark H
160	Ruth Watson (F45)	Haddington ELP
161	Marge Leitch (F40)	Harmer AC
162	Lucy Marshall (F Sen)	Harmer AC
163	Christina Morgan (F40)	Harmer AC
164	Julia Henderson (F40)	Helensburgh AAC
165	Michelle Hetherington (F45)	Helensburgh AAC
166	Maria Dye (F45)	Helensburgh AAC
167	Rebecca Beale (F35)	Helensburgh AAC
168	Emma Baker (F40)	Hunters Bog Trotters
169	Carrie Craig (F Sen)	Hunters Bog Trotters
170	Briony Curtis (F Sen)	Hunters Bog Trotters
171	Jessica Dewar (F35)	Hunters Bog Trotters
172	Claire Gordon (F35)	Hunters Bog Trotters
173	Jane Hart (F40)	Hunters Bog Trotters
174	Rachel Heathcote (F Sen)	Hunters Bog Trotters
175	Tessa Hill (F Sen)	Hunters Bog Trotters
176	Elizabeth Huggill (F Sen)	Hunters Bog Trotters
177	Amy Jennings (F Sen)	Hunters Bog Trotters
178	Kate Jenkins (F35)	Hunters Bog Trotters
179	Mairiad Kelly (F Sen)	Hunters Bog Trotters
180	Zoe Kemp (F35)	Hunters Bog Trotters
181	Isobel Kice (F Sen)	Hunters Bog Trotters
182	Amelia Lloyd (F Sen)	Hunters Bog Trotters
183	Julia Lutte (F Sen)	Hunters Bog Trotters
184	Morag McCracken (F Sen)	Hunters Bog Trotters
185	Deborah MacDonald (F50)	Hunters Bog Trotters
186	Shona McIntosh (F Sen)	Hunters Bog Trotters
187	Ella McKeanie (F Sen)	Hunters Bog Trotters
188	Alison McNeillage (F40)	Hunters Bog Trotters
189	Megan Mowbray (F35)	Hunters Bog Trotters
190	Rose Nicholson (F Sen)	Hunters Bog Trotters
191	Phyllis O'Brien (F50)	Hunters Bog Trotters
192	Sarah O'Neil (F Sen)	Hunters Bog Trotters
193	Louise Provan (F35)	Hunters Bog Trotters
194	Sandra Rathjen (F40)	Hunters Bog Trotters
195	Rachel Smithwaite (F Sen)	Hunters Bog Trotters
196	Janice Smith (F55)	Hunters Bog Trotters
197	Rosie Smith (F Sen)	Hunters Bog Trotters
198	Margaret Spalding (F Sen)	Hunters Bog Trotters
199	Kara Tai (F35)	Hunters Bog Trotters
200	Claire Ward (F35)	Hunters Bog Trotters
201	Ellish Wardlaw (F Sen)	Hunters Bog Trotters
202	Abby White (F35)	Hunters Bog Trotters
203	Megan Wright (F35)	Hunters Bog Trotters
204	Emma Rice (F Sen)	Inverclyde AC
205	Rachael Bushfield (F Sen)	Inverclyde AC
206	Rhona Bushfield (F50)	Inverclyde AC
207	Julie Gordon (F35)	Inverclyde AC
208	Katie Brown (F Sen)	Inverclyde AC
209	Jennifer Boney (F Sen)	Kilbarchan AAC
210	Natalie Sharp (F Sen)	Kilbarchan AAC
211	Christina Rankin (F Sen)	Kilbarchan AAC
212	Elspeth Curran (F Sen)	Kilbarchan AAC
213	Sobhan Inglis (F Sen)	Kilbarchan AAC
214	Leanne Hamilton (F35)	Kilbarchan AAC
215	Lesley McKerral (F40)	Kilbarchan AAC
216	Maire Gorman (F Sen)	Kilmarnock HBAC
217	Kara Tait (F Sen)	Kilmarnock HBAC
218	Allison Law (F50)	Kirkcaldy Olympians
219	Ada Stewart (F45)	Kirkcaldy Olympians
220	Vivien Fraser (F45)	Kirkcaldy Olympians
221	Annmarie McCallum (F40)	Kirkcaldy Olympians
222	Pamela Parker (F45)	Kirkcaldy Olympians
223	Shirley MacNab (F45)	Kirkcaldy Olympians
224	Debs Lindsay (F45)	Kirkcaldy Olympians
225	Marie McChord (F50)	Kirkcaldy Olympians

226	Julie Nelson (F45)	Kirkcaldy Olympians
227	Christina Whitelaw (F Sen)	Larkhall YMCA Harriers
228	Lorna Rice (F40)	Lasswade AAC
229	Linda Nicholson (F60)	Lasswade AAC
230	Wilma Kerr (F45)	Lasswade AAC
231	Karen McKinlay (F45)	Lasswade AAC
232	Hilary McGrath (F45)	Law & District AAC
233	Jennifer Newton (F40)	Leithgow AC
234	Lisa Gamble (F Sen)	Leithgow AC
235	Karen Duncan (F Sen)	Leithgow AC
236	Jodie Smith (F Sen)	Leithgow AC
237	Lynne McGill (F Sen)	Leithgow AC
238	Yvonne Crilly (F50)	Livingston & District AAC
239	Sue McDowall (F50)	Livingston & District AAC
240	Edel Mooney (F35)	Lothian Running Club
241	Chloe Cox (F Sen)	Lothian Running Club
242	Sarah Inglis (F Sen)	Lothian Running Club
243	Leanne Webster (F Sen)	Lothian Running Club
244	Jocelyn Moar (F Sen)	Lothian Running Club
245	Saran Jones (F45)	Lothian Running Club
246	Jill Horsburgh (F50)	Lothian Running Club
247	Lynne Murray (F45)	Lothian Running Club
248	Christine MacFarlane	Lothian Running Club
249	Sarah McCormack (F Sen)	Moorfoot Runners
250	Clare Barr (F40)	Motherwell AC
251	Phyllis Hands (F55)	Motherwell AC
252	Joanne Clark (F35)	Motherwell AC
253	Kirstin Grant (F35)	Nairn Area AAC
254	Alayne Finlay (F Sen)	Ochil Hill Runners
255	Jenni Owens (F35)	Portobello Running Club
256	Ruth Johnstone (F35)	Portobello Running Club
257	Fiona Wright (F40)	Portobello Running Club
258	Shery Johnston (F40)	Portobello Running Club
259	Nicola Duncan (F Sen)	Portobello Running Club
260	Kirsty Anderson (F Sen)	Ron Hill Cambuslang H
261	Amy Campbell (F Sen)	Shaftesbury Barnet
262	Susan Breckenridge (F45)	Shettleston Harriers
263	Neah Evans (F Sen)	Shettleston Harriers
264	Joanne Harkins (F Sen)	Shettleston Harriers
265	Avril Mason (F35)	Shettleston Harriers
266	Jessica Oliver-Bell (F Sen)	Shettleston Harriers
267	Claire McArthur (F35)	Shettleston Harriers
268	Hannah Terrance (F Sen)	Springburn Harriers
269	Clare Gemmell (F40)	Springburn Harriers
270	Marlene Hunter (F40)	Springburn Harriers
271	Barbara Knox (F50)	Springburn Harriers
272	Michelle Sandison (F Sen)	Springburn Harriers
273	Emma Ryan (F Sen)	Springburn Harriers
274	Danielle Brown (F Sen)	Springburn Harriers
275	Anne-Marie Hughes (F50)	Springburn Harriers
276	Mhairi Hall (F Sen)	Stirling University AC
277	Alexandra Campbell (F Sen)	Stirling University AC
278	Elisbeth Mackenzie (F Sen)	Stornoway Running & AC
279	Wendy Dugan (F35)	Strathern Harriers
280	Emily Greaves (F35)	Strathern Harriers
281	Carlotta M Young (F45)	Tewotdale Harriers
282	Sylvia Grieve (F40)	Tewotdale Harriers
283	Anne Noble (F50)	Troon Tortoisers AC
284	Donna Finlayson (F Sen)	VP-Glasgow AC
285	Jacqui Thomson (F45)	VP-Glasgow AC
286	Alison Kerr (F35)	VP-Glasgow AC
287	Abbey McGhee (F Sen)	VP-Glasgow AC
288	Elizabeth Potter (F Sen)	VP-Glasgow AC
289	Christine Catherson (F50)	VP-Glasgow AC
290	Lynn Doherty (F35)	VP-Glasgow AC
291	Susan Partridge (F Sen)	VP-Glasgow AC
292	Beryl Junner (F50)	Wire County Harriers
293	Claire Larrivide (F Sen)	Westerlands XC Club
294	Sharon Taylor (F50)	Westerlands XC Club
295	Ellen Homewood (F35)	Westerlands XC Club
296	Muffy Calder (F50)	Westerlands XC Club
297	Helen MacPherson (F55)	Westerlands XC Club
298	Gaynor Gillespie (F45)	Westerlands XC Club
299	Pauline McAdam (F55)	Westerlands XC Club
300	Sarah Whalen (F35)	Scottish Prison Service
301	Nicola May (F40)	Scottish Prison Service

UNDER 20 MEN RACE STARTS 2.00pm 8,000 metres

1	Sam Burgess (MU20)	Aberdeen AAC
2	David Smith (MU20)	Aberdeen AAC
3	Euan Webster (MU20)	Ayr Seaforth AAC
4	Michael Ferguson (MU20)	Banchory Stonehaven AC
5	Thomas McDonald (MU20)	Bellahouston Harriers
6	Sam Fraser (MU20)	Central AC
7	David Hutchison (MU20)	Central AC
8	Conor Kerr (MU20)	Central AC
9	David Lindsay (MU20)	Central AC
10	Cameron Milne (MU20)	Central AC
11	Ross Milne (MU20)	Central AC
12	Tom Watson (MU20)	Central AC
13	Tony Dolan (MU20)	Clydesdale Harriers
14	Craig Nolan (MU20)	Corstorphine AAC
15	Callum Smith (MU20)	Corstorphine AAC
16	Jack Williams (MU20)	Corstorphine AAC
17	Andrew Christy (MU20)	Corstorphine AAC
18	Christopher Galloway (MU20)	Corstorphine AAC
19	Jamie Crowe (MU20)	Dundee Hawkhill H
20	Peter Cameron (MU20)	Edinburgh AC
21	Edward Dudgeon (MU20)	Edinburgh AC
22	Adam Jack (MU20)	Edinburgh AC
23	Nikhil Mair (MU20)	Edinburgh AC
24	Amil Mair (MU20)	Edinburgh AC
25	Ruaridh Miller (MU20)	Edinburgh AC
26	Ross McWhirter (MU20)	Edinburgh AC
27	Chris Ponton (MU20)	Edinburgh AC
28	Jake Wightman (MU20)	Edinburgh AC
29	Callum Mason (MU20)	Edinburgh Univ H & H
30	Craig Campbell (MU20)	Edinburgh Univ H & H
31	Dale Colley (MU20)	Falkirk Victoria Harriers
32	Ben Stevenson (MU20)	Falkirk Victoria Harriers
33	Scott Stirling (MU20)	Falkirk Victoria Harriers
34	Euan Martin (MU20)	Falkirk Victoria Harriers
35	Zachary Delaney (MU20)	Fife AC
36	Ewan Paton (MU20)	Fife AC
37	Skyler Lobdell (MU20)	Fife AC
38	Neil Gourley (MU20)	Giffnock North AAC
39	Grant Boyne (MU20)	Glasgow University H & H
40	Steven Forsythe	Glasgow University H & H
41	Adam Stark (MU20)	Glasgow University H & H
42	Peter Bowman (MU20)	Glasgow University H & H
43	Dean McNaught (MU20)	Glasgow University H & H
44	Tai Ramsay (MU20)	Glasgow University H & H
45	Vegard Nymoen Paulsen (MU20)	Glasgow University H & H

46	Michael Houston (MU20)	Inverclyde AC
47	Greg Williams (MU20)	Inverclyde AC
48	Craig Campbell (MU20)	Inverness Harriers AAC
49	Niall Ross (MU20)	Inverness Harriers AAC
50	Stuart Michael (MU20)	Inverness Harriers AAC
51	Alexander Thorne (MU20)	Inverness Harriers AAC
52	Russell Mountford (MU20)	Kilbarchan AAC
53	Craig Haxton (MU20)	Kilbarchan AAC
54	Andrew Dearie (MU20)	Kilbarchan AAC
55	Gary Rankin (MU20)	Kilbarchan AAC
56	Cameron Mackie (FU20)	Kilmarnock HBAC
57	Murray McDonald (FU20)	Kilmarnock HBAC
58	Ross Matheson (MU20)	Lasswade AAC
59	Max McNeill (MU20)	Lothian Running Club
60	Craig Mackenzie (MU20)	Motherwell AC
61	Patrick Gillespie (MU20)	Perth Strathay Harriers
62	Scott McAlpine (MU20)	Pitreavie AAC
63	Bobby Bristow (MU20)	Ron Hill Cambuslang H
64	Stewart Orr (MU20)	Ron Hill Cambuslang H
65	Jack Hamilton (MU20)	Ron Hill Cambuslang H
66	Stephen (jnr) Paris (MU20)	Ron Hill Cambuslang H
67	Anthony Edgar (MU20)	Ron Hill Cambuslang H
68	Grant Sheldon (MU20)	Ron Hill Cambuslang H
69	Matthew McKenna (MU20)	Ron Hill Cambuslang H
70	Dean McMurran (MU20)	Ron Hill Cambuslang H
71	Garry Mason (MU20)	Shettleston Harriers
72	Mohamed Bayib (MU20)	Shettleston Harriers
73	Gary Turner (MU20)	Shettleston Harriers
74	Chris Russell (MU20)	St Andrews Univ CCC
75	Skyler Lobdell (MU20)	St Andrews Univ CCC
76	Henry McCarthy (MU20)	St Andrews Univ CCC
77	Jonathan Adam (MU20)	Stirling University AC
78	Eamon Kelly (MU20)	Stirling University AC
79	Duncan McKellar (MU20)	Stornoway Running & AC
80	Ehsan Ahmad (MU20)	VP-Glasgow AC
81	Marc Austin (MU20)	VP-Glasgow AC
82	Callum Heirs (MU20)	VP-Glasgow AC
83	Ethan Sloan-Dennison (MU20)	VP-Glasgow AC
84	David Vernon (MU20)	VP-Glasgow AC
85	Craig Young (MU20)	VP-Glasgow AC

SENIOR MEN RACE START 2.30pm 12,000 metres

1	Lachlan Calder (M Sen)	Aberdeen AAC	76	Richard Lawton (M35)	Calderglen Harriers	351	Martin King (M35)	Clydesdale Harriers	226	Max Carcas (M Sen)	Edinburgh AC
2	Lukasz Czystycki (M Sen)	Aberdeen AAC	77	Jim Holmes (M40)	Calderglen Harriers	352	Paul McFendry (M50)	Clydesdale Harriers	227	Adam Chmielewski (M35)	Edinburgh AC
3	Eoin Durkan (M Sen)	Aberdeen AAC	78	Edward Reid (M50)	Calderglen Harriers	353	Brian J Campbell (M65)	Clydesdale Harriers	228	Andrew Crichton (M Sen)	Edinburgh AC
4	Mylen Edwards (M Sen)	Aberdeen AAC	79	George Stewart (M50)	Calderglen Harriers	354	Michael Oiver (M45)	Clydesdale Harriers	229	Daniel Clarkson (M Sen)	Edinburgh AC
5	Mark Haskett (M Sen)	Aberdeen AAC	80	David Heriberton (M40)	Calderglen Harriers	355	Hugh Lavery (M55)	Clydesdale Harriers	230	J Crawford	Edinburgh AC
6	James Joy (M Sen)	Aberdeen AAC	81	Kenny Leimster (M50)	Calderglen Harriers	356	Michael Anderson (M40)	Corstorphine AAC	231	Lukasz Cwiklewski (M Sen)	Edinburgh AC
7	Alan Fulton (M60)	Aberdeen AAC	82	Andrew Henderson (M55)	Calderglen Harriers	357	Moray Anderson (M35)	Corstorphine AAC	232	Keith Dunlop (M Sen)	Edinburgh AC
8	Thomas Litterick (M50)	Aberdeen AAC	83	Stuart Waugh (M60)	Calderglen Harriers	358	Kris Berry (M Sen)	Corstorphine AAC	233	Martin Ferguson (M45)	Edinburgh AC
9	James Macgregor (M45)	Aberdeen AAC	84	David Wardrope (M40)	Calderglen Harriers	359	Christopher Black (M Sen)	Corstorphine AAC	234	Owen Flagg (M40)	Edinburgh AC
10	Gavin Price (M50)	Aberdeen AAC	85	Gerard Connelly (M40)	Calderglen Harriers	360	Mickey Breen (M Sen)	Corstorphine AAC	235	Willie Gallacher (M60)	Edinburgh AC
11	Bill Skinner (M50)	Aberdeen AAC	86	John McBride (M50)	Calderglen Harriers	361	Stuart Campbell (M45)	Corstorphine AAC	236	Kevin Graham (M Sen)	Edinburgh AC
12	David Armitage (M60)	Aberdeen AAC	87	Allan Brannigan (M45)	Carnegie Harriers	362	Jonathan Carpenter (M Sen)	Corstorphine AAC	237	Mi Horne (M Sen)	Edinburgh AC
13	Frank Boyne (M45)	Anster Haddies RC	88	Graeme Campbell (M35)	Carnegie Harriers	363	Bryan Clark (M Sen)	Corstorphine AAC	238	Scott Innes (M40)	Edinburgh AC
14	David Burgess (M40)	Anster Haddies RC	89	David Clark (M35)	Carnegie Harriers	364	Michael Crawley (M Sen)	Corstorphine AAC	239	Ross Irving (M Sen)	Edinburgh AC
15	Richard McKinstry (M35)	Anster Haddies RC	90	John Crookston (M55)	Carnegie Harriers	365	Dermot Cummins (M Sen)	Corstorphine AAC	240	Stuart Johnston (M Sen)	Edinburgh AC
16	Richard Shaw (M55)	Anster Haddies RC	91	Barry Davie (M35)	Carnegie Harriers	366	Tom Ferrington (M35)	Corstorphine AAC	241	Andrew Latham (M45)	Edinburgh AC
17	Stuart McKenzie (M Sen)	Anster Haddies RC	92	Allan Fotheringham (M45)	Carnegie Harriers	367	Keith Hood (M40)	Corstorphine AAC	242	Bryan Mackie (M Sen)	Edinburgh AC
18	Alan Gibson (M60)	Anster Haddies RC	93	John Fulham (M40)	Carnegie Harriers	368	Paddy Jumelle (M35)	Corstorphine AAC	243	Richard Meade (M35)	Edinburgh AC
19	Alexander Anderson (M Sen)	Anster Haddies RC	94	Stephen Greer (M55)	Carnegie Harriers	369	Calum McKenzie (M Sen)	Corstorphine AAC	244	Alex MacEwen (M55)	Edinburgh AC
20	Ewan Lumsden (M Sen)	Anster Haddies RC	95	David Greig (M40)	Carnegie Harriers	370	Ross Milne (M35)	Corstorphine AAC	245	S McKenzie (M Sen)	Edinburgh AC
21	Lewis Morrison (M Sen)	Arbroath & District AC	96	Andy Hume (M40)	Carnegie Harriers	371	Christopher O'Brien (M Sen)	Corstorphine AAC	246	Iain MacDonald (M Sen)	Edinburgh AC
22	Tom McCulloch (M60)	Ayr Seaforth AAC	97	Ian Robert Johnston (M55)	Carnegie Harriers	372	Stevens O'Brien (M Sen)	Corstorphine AAC	247	Colin McGill (M35)	Edinburgh AC
23	Laurence Baker (M50)	Ayr Seaforth AAC	98	Mark Johnstone (M40)	Carnegie Harriers	373	Scott Pilkington (M Sen)	Corstorphine AAC	248	Roy Mitchell (M40)	Edinburgh AC
24	Kenneth Neill (M Sen)	Ayr Seaforth AAC	99	Paul Kieran (M35)	Carnegie Harriers	374	Adam Priestley (M Sen)	Corstorphine AAC	249	Walter McCasky (M75)	Edinburgh AC
25	Steven Reid (M Sen)	Ayr Seaforth AAC	100	Kieran Morgan (M50)	Carnegie Harriers	375	Ryan Riddell (M Sen)	Corstorphine AAC	250	Ken Mortimer (M50)	Edinburgh AC
26	Stephen Kay (M Sen)	Ayr Seaforth AAC	101	Peter Simpson (M50)	Carnegie Harriers	376	Douglas Selman (M Sen)	Corstorphine AAC	251	John Morris (M Sen)	Edinburgh AC
27	Iain Baird (M60)	Ayr Seaforth AAC	102	Iain Thomson (M60)	Carnegie Harriers	377	Ewan Stark (M Sen)	Corstorphine AAC	252	Garry Robertson (M50)	Edinburgh AC
28	Paul Turnbull (M50)	Ayr Seaforth AAC	103	Ian Stewart (M55)	Carnegie Harriers	378	Neal Robb (M Sen)	Corstorphine AAC	253	Christopher Payne (M Sen)	Edinburgh AC
29	Peter Laing (M50)	Ayr Seaforth AAC	104	Andrew Wright (M35)	Carnegie Harriers	379	Graham McLean (M55)	Corstorphine AAC	254	Adam Rouse (M35)	Edinburgh AC
30	Kevin Bloy (M45)	Ayr Seaforth AAC	105	Andrew Fallas (M Sen)	Carnegie Harriers	380	Brent Vivian (M45)	Corstorphine AAC	255	Eric Stevenson (M60)	Edinburgh AC
31	David Hughes (M40)	Ayr Seaforth AAC	106	Jean Jumelle (M60)	Carnegie Harriers	381	Christopher Mountford (M Sen)	Corstorphine AAC	256	Graeme Taylor (M Sen)	Edinburgh AC
32	Paul Dawson (M Sen)	Bellahouston Harriers	107	Alastair Anthony (M35)	Central AC	382	Graeme Fletcher (M50)	Corstorphine AAC	257	Robert Turner (M40)	Edinburgh AC
33	Ian Ansonbie (M35)	Bellahouston Harriers	108	Jonathan Barlow (M35)	Central AC	383	John Christy (M50)	Corstorphine AAC	258	S Walters (M Sen)	Edinburgh AC
34	Iain Burke (M60)	Bellahouston Harriers	109	Hugh Buchanan (M50)	Central AC	384	Derek Ireland (M45)	Corstorphine AAC	259	Brian Howie (M60)	Edinburgh AC
35	Robert Carson (M60)	Bellahouston Harriers	110	Andrew Butchart (M Sen)	Central AC	385	Shaun Cavens (M50)	Corstorphine AAC	260	Iain Whiteside (M Sen)	Edinburgh Univ H & H
36	Huairidh Macdonald (M Sen)	Bellahouston Harriers	111	Cameron Campbell (M50)	Central AC	386	Robb Hume (M Sen)	Corstorphine AAC	261	Daniel Ashworth (M Sen)	Edinburgh Univ H & H
37	Crispin Walsh (M40)	Bellahouston Harriers	112	David Eckersley (M50)	Central AC	387	Nick Vikander (M Sen)	Corstorphine AAC	262	Richard Parson (M Sen)	Edinburgh Univ H & H
38	Darren Murray (M40)	Bellahouston Harriers	113	Attila Emmert (M35)	Central AC	388	Alastair Brockie (M Sen)	Corstorphine AAC	263	James Bruce Waidie (M Sen)	Edinburgh Univ H & H
39	Craig Lamont (M Sen)	Bellahouston Harriers	114	Alain Galt (M55)	Central AC	389	David Henderson (M50)	Corstorphine AAC	264	Tom Martyn (M Sen)	Edinburgh Univ H & H
40	Graeme Gemmell (M45)	Bellahouston Harriers	115	Alastair Hay (M Sen)	Central AC	390	Ian McPherson (M45)	Corstorphine AAC	265	Aryana Srakumaran (M Sen)	Edinburgh Univ H & H
41	Brian Douglas (M40)	Bellahouston Harriers	116	Alexander Hendry (M Sen)	Central AC	391	Scott Williamson (M Sen)	Corstorphine AAC	266	Jamie Thompson (M Sen)	Edinburgh Univ H & H
42	Gary Stewart (M40)	Bellahouston Harriers	117	Will Hensman (M Sen)	Central AC	392	Abdelhadi Elmoustahli (M Sen)	Corstorphine AAC	267	Patryk Gierjatowicz (M Sen)	Edinburgh Univ H & H
43	Malcolm Greig (M40)	Bellahouston Harriers	118	Kenneth Hupol (M Sen)	Central AC	393	Martin Caldwell (M55)	Corstorphine AAC	268	Coli Williamson (M Sen)	Edinburgh Univ H & H
44	Mark Paterson (M35)	Bellahouston Harriers	119	Andrew Hood (M Sen)	Central AC	394	Ian Bert Van Den Berg (M50)	Corstorphine AAC	269	Brian Turner (M35)	Falkirk Victoria Harriers
45	Michael Freshour (M45)	Bellahouston Harriers	120	Ross Houston (M Sen)	Central AC	395	Richard Lewis (M40)	Corstorphine AAC	270	Mark Bowman (M35)	Falkirk Victoria Harriers
46	Michael Freshour (M45)	Bellahouston Harriers	121	Ewan Jack (M40)	Central AC	396	Brian Malcolm (M45)	Corstorphine AAC	271	Stuart Douglas (M Sen)	Falkirk Victoria Harriers
47	Gerard Scullion (M45)	Bellahouston Road R	122	Hugh Kerr (M50)	Central AC	397	Ian Johnston (M45)	Corstorphine AAC	272	Alan Mackay (M35)	Falkirk Victoria Harriers
48	Oliver Scott (M35)	Bellahouston Road R	123	Sandy MacLarty (M Sen)	Central AC	398	Dean Carr (M40)	Corstorphine AAC	273	Neil Robertson (M45)	Falkirk Victoria Harriers
49	Craig Ross (M Sen)	Bellahouston Road R	124	David McLamee (M Sen)	Central AC	399	Robbie Simpson (M Sen)	Deeside AC	274	Grant Matheson (M50)	Falkirk Victoria Harriers
50	Mark Johnston (M40)	Bellahouston Road R	125	Liam McCabe (M50)	Central AC	400	Alan Sealy (M45)	Deeside AC	275	Michael McCuand (M45)	Falkirk Victoria Harriers
51	Craig Reid (M Sen)	Bellahouston Road R	126	Scott McDonald (M Sen)	Central AC	401	Peter Walsh (M55)	Dumbarton AAC	276	Barry Paterson (M35)	Falkirk Victoria Harriers
52	Matthew Williamson (M Sen)	Bellahouston Road R	127	Christopher McHardy (M Sen)	Central AC	402	Mark Walsh (M35)	Dumbarton AAC	277	Alastair McCallum (M50)	Falkirk Victoria Harriers
53	Kieran Docherty (M Sen)	Bellahouston Road R	128	George McHardy (M60)	Central AC	403	Thomas Kelly (M55)	Dumbarton AAC	278	John Martin (M55)	Falkirk Victoria Harriers
54	Barry Edwards (M Sen)	Bellahouston Road R	129	Lewis Millar (M Sen)	Central AC	404	James Waters (M40)	Dumbarton AAC	279	Iain Wallace (M35)	Falkirk Victoria Harriers
55	Rob Reid (M Sen)	Bellahouston Road R	130	Alexander Milne (M45)	Central AC	405	William Goldie (M55)	Dumbarton AAC	280	Andrew Ronald (M45)	Falkirk Victoria Harriers
56	Caran Dougherty (M Sen)	Bellahouston Road R	131	John Newsom (M Sen)	Central AC	406	John Hamill (M40)	Dumbarton AAC	281	Colin D Thomson (M45)	Falkirk Victoria Harriers
57	Greg Glendinning (M40)	Bellahouston Road R	132	Sean Reilly (M Sen)	Central AC	407	Simon Lennox (M35)	Dumbarton AAC	282	Michael Allison (M Sen)	Falkirk Victoria Harriers
58	Iain Burns (M Sen)	Bellahouston Road R	133	Robert Russell (M Sen)	Central AC	408	Alastair Bloxham (M Sen)	Dumfries Running Club	283	Peter Moffatt (M Sen)	Falkirk Victoria Harriers
59	Andrew Hardman (M55)	Bellahouston Road R	134	Colin Sinclair (M45)	Central AC	409	Craig Ross (M55)	Dundee Hawkhill H	284	John Gavin (M60)	Ferranti AAC
60	Grant MacDonald (M Sen)	Bellahouston Road R	135	Stuart Watson (M50)	Central AC	410	Nigel Reynolds (M50)	Dundee Hawkhill H	285	Edward McDonald (M60)	Ferranti AAC
61	Bryan Lamb (M35)	Bellahouston Road R	136	Philip Williams (M35)	Central AC	411	Frazer Merry (M45)	Dundee Hawkhill H	286	Paul Caban (M40)	Ferranti AAC
62	Allan McDemid (M Sen)	Bellahouston Road R	137	Michael Wright (M Sen)	Central AC	412	Gordon Barrie (M40)	Dundee Hawkhill H	287	Stephen Reid (M50)	Ferranti AAC
63	Robert McEwan (M55)	Bellahouston Road R	138	Paul Carroll (M40)	Clydesdale Harriers	413	Craig Love (M40)	Dundee Hawkhill H	288	Robert Miller (M50)	Ferranti AAC
64	Iain Conway (M45)	Bellahouston Road R	139	Watson Jones (M70)	Clydesdale Harriers	414	Mark Lamb (M Sen)	Dundee Hawkhill H	289	Keith Weston (M65)	Ferranti AAC
65	Russell Whittington (M40)	Bellahouston Road R	140	Pete Cartwright (M70)	Clydesdale Harriers	415	John Mill (M45)	Dundee Road Runners	290	Kenny Moore (M50)	Ferranti AAC
66	John Newlands (M Sen)	Bellahouston Road R	141	Peter Rudzinski (M50)	Clydesdale Harriers	416	Steven Peters (M Sen)	Dundee Road Runners	291	Keith Nicol (M60)	Ferranti AAC
67	David Stakes (M50)	Bellahouston Road R	142	Robert O'Neill (M Sen)	Clydesdale Harriers	417	Grant Whytock (M45)	Dundee Road Runners	292	Kenneth Anthony (M50)	Fife AC
68	Gordon Clements (M40)	Bellahouston Road R	143	Gerry Kane (M55)	Clydesdale Harriers	418	John Ferguson (M Sen)	East Kilbride A.C.	293	David I Bowers (M Sen)	Fife AC
69	John Gilhooly (M50)	Bellahouston Road R	144	Gerard Montgomery (M50)	Clydesdale Harriers	419	Grant Baillie (M Sen)	East Kilbride A.C.	294	Nigel Fowler (M40)	Fife AC
70	Russell Couper (M45)	Calderglen Harriers	145	Brian Gallagher (M40)	Clydesdale Harriers	420	Jamie Clements (M Sen)	East Kilbride A.C.	295	Graham Kirby (M45)	Fife AC
71	Alan Derrick (M45)	Calderglen Harriers	146	Ryan Nelson (M Sen)	Clydesdale Harriers	421	Niall Walker (M Sen)	East Kilbride A.C.	296	Andrew Milne (M45)	Fife AC
72	Stephen Reilly (M Sen)	Calderglen Harriers	147	Donald Cameron (M35)	Clydesdale Harriers	422	David Thomson (M Sen)	East Kilbride A.C.	297	Michael Mitchell (M45)	Fife AC
73	Hugh Simpson (M50)	Calderglen Harriers	148	Robert Young (M65)	Clydesdale Harriers	423	David Gorman (M Sen)	East Kilbride A.C.	298	Kenneth Morris (M60)	Fife AC
74	Andrew McCaffery (M45)	Calderglen Harriers	149	Iain Robertson (M35)	Clydesdale Harriers	424	Matthew Bell (M35)	Edinburgh AC	299	Daniel Newman (M45)	Fife AC
75	Charles Steven (M50)	Calderglen Harriers	150	Colin Gray (M40)	Clydesdale Harriers	425	John Blair (M45)	Edinburgh AC	300	Roger Rees (M45)	Fife AC

601	Kevin Clark (M50)	Portobello Running Club	659	Amanuel Hagos (M Sen)	Shettleston Harriers
602	William Jarvis (M50)	Portobello Running Club	660	Michael Gillespie (M Sen)	Shettleston Harriers
603	Garrett Green (M35)	Portobello Running Club	661	Tsegai Tewelde (M Sen)	Shettleston Harriers
604	Andrew Stavert (M50)	Portobello Running Club	662	Jethro Lennox (M35)	Shettleston Harriers
605	Richard Hadfield (M40)	Portobello Running Club	663	Kenneth McCoy (M35)	Shettleston Harriers
606	David Fairweather (M65)	Ron Hill Cambuslang H	664	Kerrick Hesse (M Sen)	Shettleston Harriers
607	Robert Anderson (M65)	Ron Hill Cambuslang H	665	Andrew Callan (M40)	Springburn Harriers
608	Francis Hurley (M60)	Ron Hill Cambuslang H	666	Martin Coleman (M Sen)	Springburn Harriers
609	Alexander Eaglesham (M55)	Ron Hill Cambuslang H	667	Scott Partty (M Sen)	Springburn Harriers
610	Edward Stewart (M55)	Ron Hill Cambuslang H	668	Grant Cairns (M Sen)	Springburn Harriers
611	Colin Feechan (M50)	Ron Hill Cambuslang H	669	John Owens (M55)	Springburn Harriers
612	David Thom (M50)	Ron Hill Cambuslang H	670	Ross McEachern (M45)	Springburn Harriers
613	Alick Walkinshaw (M50)	Ron Hill Cambuslang H	671	Willie Munro (M50)	Springburn Harriers
614	Niall Bristow (M45)	Ron Hill Cambuslang H	672	Colin Watson (M50)	Springburn Harriers
615	Daniel O'Connell (M45)	Ron Hill Cambuslang H	673	Kevin Ferris (M35)	Springburn Harriers
616	Michael O'Hagan (M40)	Ron Hill Cambuslang H	674	Colin McLean (M45)	Springburn Harriers
617	Greg Hastie (M40)	Ron Hill Cambuslang H	675	James Lewis (M35)	Springburn Harriers
618	Kerry Liam Wilson (M40)	Ron Hill Cambuslang H	676	Iain Cairns (M Sen)	Springburn Harriers
619	Stephen Wylie (M40)	Ron Hill Cambuslang H	677	Jim Norton (M55)	Springburn Harriers
620	Jamie Reid (M35)	Ron Hill Cambuslang H	678	Gillian McAuley (M45)	Springburn Harriers
621	Scott Hunter (M35)	Ron Hill Cambuslang H	679	Graham Crawford (M55)	Springburn Harriers
622	John Macnamara (M35)	Ron Hill Cambuslang H	680	David I Bowers (M Sen)	St Andrews Univ CCC
623	Robert Girdy (M35)	Ron Hill Cambuslang H	681	Ziyad Elgaid (M Sen)	St Andrews Univ CCC
624	Martin Williams (M35)	Ron Hill Cambuslang H	682	Ross Christie (M Sen)	Stirling University AC
625	Bernjamin Hukins (M Sen)	Ron Hill Cambuslang H	683	Kevin Schenk (M Sen)	Stirling University AC
626	Graham Ferguson (M Sen)	Ron Hill Cambuslang H	684	Russell White (M Sen)	Stirling University AC
627	David Munro (M Sen)	Ron Hill Cambuslang H	685	Joe Perry (M Sen)	Stirling University AC
628	Robert Rossborough (M Sen)	Ron Hill Cambuslang H	686	William MacRury (M Sen)	Stornoway Running & AC
629	Iain MacCormack (M Sen)	Ron Hill Cambuslang H	687	Murdo MacKenzie (M Sen)	Stornoway Running & AC
630	Chris Wilson (M Sen)	Ron Hill Cambuslang H	688	Malcolm Murray (M Sen)	Stornoway Running & AC
631	Stuart Gibson (M Sen)	Ron Hill Cambuslang H	689	Andrew Joyce (M Sen)	Stornoway Running & AC
632	Ian Rawlinson (M Sen)	Ron Hill Cambuslang H	690	Jonathan Pritchard (M40)	Stornoway Running & AC
633	Alistair Campbell (M Sen)	Ron Hill Cambuslang H	691	Ross Munro (M50)	Stornoway Running & AC
634	Wegene Tafese (M Sen)	Ron Hill Cambuslang H	692	Gordon Morrison (M55)	Strathclyde Harriers
635	Kenny Macpherson (M45)	Ron Hill Cambuslang H	693	Philip Tipping (M45)	Strathclyde Harriers
636	Michael Paxton (M Sen)	Shettleston Harriers	694	Tony Wayne (M50)	Strathclyde Harriers
637	Kenny Richmond (M40)	Shettleston Harriers	695	Andrew Greaves (M40)	Strathclyde Harriers
638	William Breckenridge (M45)	Shettleston Harriers	696	Patrick O'Kane (M50)	Strathclyde Harriers
639	Adam Peters (M Sen)	Shettleston Harriers	697	Allan MacInnes (M45)	Strathclyde Harriers
640	Brian McGarrity (M Sen)	Shettleston Harriers	698	Alan Inglis (M40)	Teviotdale Harriers
641	Andy Little (M45)	Shettleston Harriers	699	Alan Colman (M45)	Teviotdale Harriers
642	John J Duffy (M45)	Shettleston Harriers	700	Craig Grieve (M40)	Teviotdale Harriers
643	Thomas Owens (M Sen)	Shettleston Harriers	701	Graeme McKenzie (M35)	Troon Tortoises AC
644	Matthew Sullivan (M Sen)	Shettleston Harriers	702	George McGregor (M65)	Troon Tortoises AC
645	Tewoldeberhan Mengistab (M Sen)	Shettleston Harriers	703	Gerard Craig (M40)	VP-Glasgow AC
646	Paul Somie (M Sen)	Shettleston Harriers	704	Sean Fontana (M Sen)	VP-Glasgow AC
647	Mark McCall (M Sen)	Shettleston Harriers	705	Peter Jardine (M45)	VP-Glasgow AC
648	Thomas Fay (M Sen)	Shettleston Harriers	706	Andrew Law (M55)	VP-Glasgow AC
649	Michael Deason (M Sen)	Shettleston Harriers	707	Tom Ord (M55)	VP-Glasgow AC
650	Casey Morgan (M Sen)	Shettleston Harriers	708	Alex Potter (M50)	VP-Glasgow AC
651	John Oates (M50)	Shettleston Harriers	709	Duncan Thomson (M40)	VP-Glasgow AC
652	Lachlan Oates (M Sen)	Shettleston Harriers	710	Niall McKinden (M Sen)	Westerlands XC Club
653	Gerard Mason (M50)	Shettleston Harriers	711	Jon Slowe (M40)	Westerlands XC Club
654	David Murahy (M40)	Shettleston Harriers	712	Chris Upson (M45)	Westerlands XC Club
655	Bill Winning (M35)	Shettleston Harriers	713	Johnston Orr (M35)	Westerlands XC Club
656	Kevin Brydon (M Sen)	Shettleston Harriers	714	Gibson Fleming (M65)	Westerlands XC Club
657	Craig Mitchell (M35)	Shettleston Harriers	715	John Quinn (M50)	Westerlands XC Club
658	Gleg Chapelin (M Sen)	Shettleston Harriers	716	Owen O'Neill (M Sen)	Westerlands XC Club
			717	Duncan McGougan (M45)	Scottish Prison Service
			718	Gerry Gallacher (M35)	Scottish Prison Service
			719	John Gilmour (M45)	Scottish Prison Service